

像外内观

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摘要: 《像外内观》的创作立足于新地形摄影的冷静凝视, 将镜头从宏大的社会批判转向幽微的内在景观。创作摒弃了对如画风景的追逐。转而凝视那些日常的、无名的周遭。空间中的荒芜与静默, 在此化作一张张显影心绪的底片。诚如米切尔所言, 风景是一种媒介。本项目试图打破物理边界, 将外部景观转化为一幅内在心灵的拓扑图。在影像实践中, 我聚焦于人类对自然环境带有徒劳感的复现, 以及外在景观自身精神特质的显现。画面褪去了现实的功利色彩, 呈现出一种游离于经验之外的冷硬美学。观看成为一种心理干预。影像意在剥离既有的视觉习惯, 诱发观者产生短暂的非聚焦状态。视觉游移带来生理错位进而打破心绪的既有平衡, 在失语中辟出一片精神留白。至此, 主客体的边界彻底消解。景观不再是被动凝视的客体, 它是一面镜子, 一个触发器。像外是无垠的周遭, 内观则是隐秘的自我。作品以此探寻影像作为心理图景与哲学媒介的深层可能。

摘要: 摄影创作; 景观摄影; 内在风景

DOI: <https://doi.org/10.71411/rwxk.2026.v2i3.1354>

Inner Vision Beyond the Image

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Abstract: The project *Inner Vision Beyond the Image* is based on the detached gaze of New Topographics photography, shifting the lens from grand social critique to subtle inner landscapes. It abandons the pursuit of picturesque scenery and instead focuses on ordinary, anonymous surroundings. The desolation and silence in these spaces become negatives that develop emotional states. As Mitchell argues, landscape is a medium. This project attempts to break physical boundaries and transform external landscape into a topographic map of the inner mind. In practice, it focuses on the futile reproduction of nature by humans and the manifestation of the landscape's own spiritual qualities. The images remove the utilitarian aspect of reality and present a cold aesthetic detached from experience. Viewing becomes a form of psychological intervention. The work aims to strip away habitual ways of seeing and induce a brief defocused state. Visual drift leads to physiological dislocation, disrupting emotional balance and opening a space of silence. At this point, the boundary between subject and object dissolves. Landscape is no longer a passive object but a mirror and a trigger. Beyond the image refers to the surrounding world, while Inner Vision refers to the hidden self. The work explores the potential of images as psychological and philosophical media.

Keywords: Photographic practice; Landscape photography; Inner landscape

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图1 合围的彩绘围墙与再造的自然植被，选自《像外内观》系列



图2 仪式前准备的景中景，选自《像外内观》系列

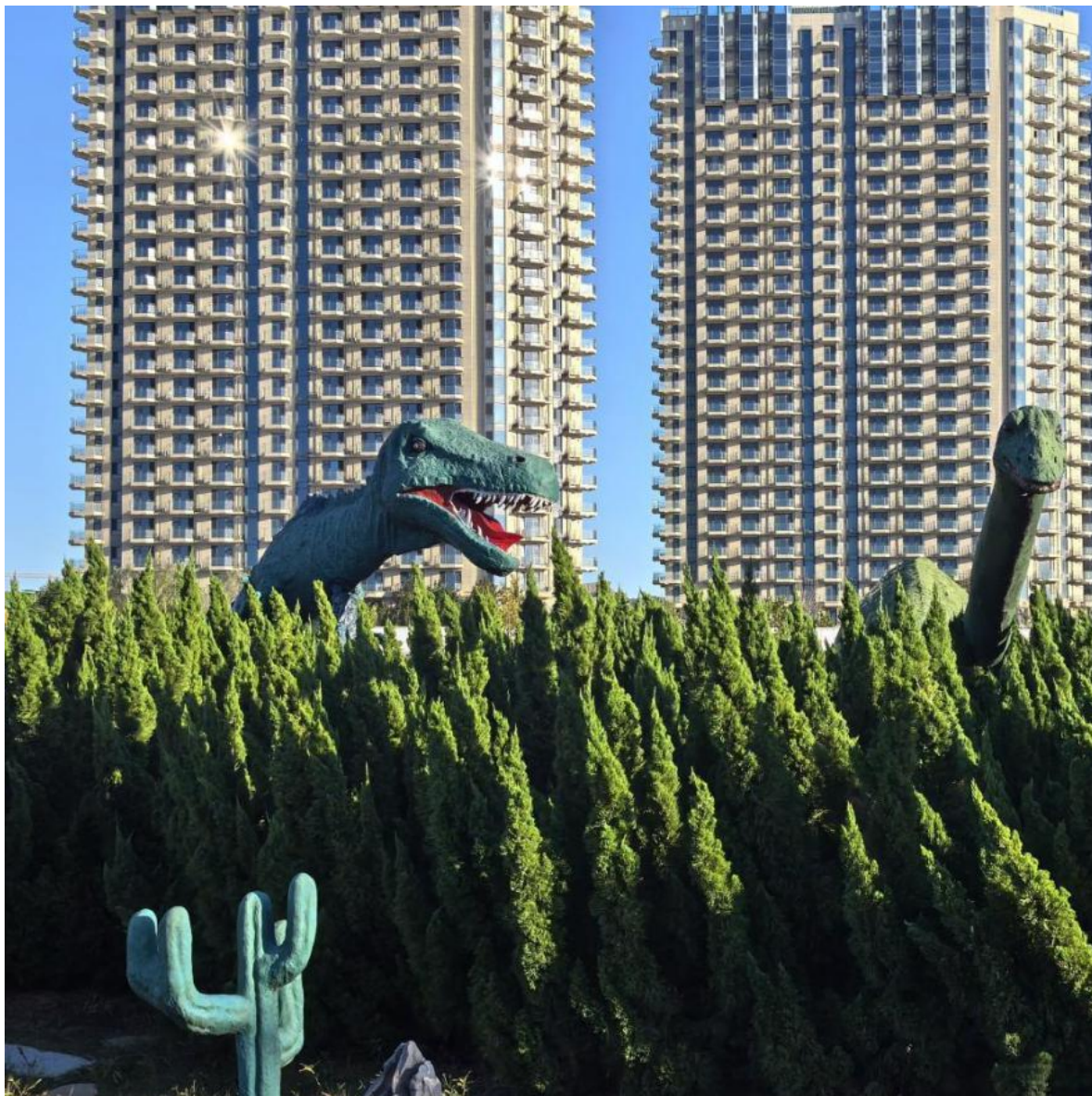


图3 恐龙与房屋所构建的儿童世界，选自《像外内观》系列



图4 围墙上绽放的烟花与围墙后的鲜花树，选自《像外内观》系列



图5 观景平台上长期被风吹过的树与穿着图案衣服闯入的人，选自《像外内观》系列



图6 人工建造岩石窗口中灌注的海水，选自《像外内观》系列



图7 酒店地毯上的花与鞋带散开的一只黑鞋，选自《像外内观》系列



图8 红光树下的他们与蓝光水前的人们，选自《像外内观》系列



图9 绿光下岩石空间中的警示牌，选自《像外内观》系列



图10 仪式前准备的景中景，选自《像外内观》系列