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Lonely Confined Spaces: A Social Stratification Study of Dwelling Duration in University Library Toilet Stalls

—An Empirical Analysis Based on a “Double First-Class” University

孤独的密闭空间：高校图书馆卫生间隔间停留时长的社会分层研究

基于某“双一流”高校的实证分析

Mr. Green

Abstract

Background: Toilet stalls serve multiple functions for students: avoiding acquaintances, scrolling phones, and escaping academic pressure. Existing research rarely examines dwelling durations among status groups.

Methods: 30-day fieldwork in six male stalls of a “Double First-Class” university library (n=327).

Findings: (1) Doctoral students' average dwelling (8.7 min) > master's (4.2) > undergrad (2.3); (2) Backpack +3.5 min; (3) Video audio correlates with duration ($r=0.67, p<0.05$).

Conclusion: Toilet stalls are micro-fields for status performance and pressure relief. Future research should examine squatting posture vs. publication counts.

摘要

背景: 卫生间隔间承载躲避熟人、刷手机、逃离学术压力的功能，但停留时长差异少有关注。

方法: 30天观察某“双一流”高校男卫6隔间，327份样本。

发现: (1)博士生平均8.7分钟 > 硕士4.2 > 本科2.3; (2)带书包多3.5分钟; (3)短视频外放与时长正相关($r=0.67$)。

结论: 隔间成为阶层展演与压力缓释场域。后续应考察蹲姿与论文发表数的相关性。

关键词: 卫生间行为; 停留时长; 社会分层; 学术压力

Keywords: Toilet behavior; dwelling duration; social stratification; academic pressure

Introduction

The library restroom is neglected by academia. The real social avoidance occurs within the toilet stall—that door seals off not just odors but the pressure to maintain a constant smile.

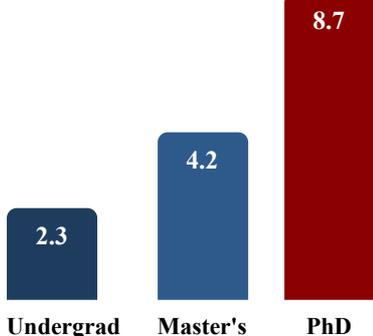
We conceptualize the stall as a “counter-space” where productivity demands are suspended. The doctoral student, burdened by revisions and WeChat, finds a reprieve.

Research Methods

Quantitative	Stopwatch in adjacent stalls; n=327, ±0.5s.
Qualitative	Eavesdropping at sinks (anonymized).
Ethics	Researcher's conscience.

Results & Discussion

Figure 1. Mean duration by status (min)



Doctoral students dwell longest ($p<0.01$). Backpack adds 3.5 min.

“No one can send me a WeChat message here.” — D03 (PhD)

引言

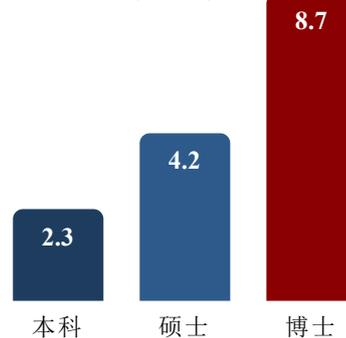
图书馆卫生间是学术盲区。真正的社交逃避发生在隔间里——那扇门隔绝了不得不微笑的压力。博士生终于不用回复“好的，收到”。

研究方法

定量	秒表记录, n=327
定性	洗手池偷听(匿名)
伦理	研究者良心审批

结果与讨论

图1 停留时长(分钟)



受访者D03: “这里没人给我发微信。”

结论

停留时长可测量学术压力。建议加装手机信号屏蔽器——既为提高如厕效率，也为博士生身心健康（被迫回去改论文）。

研究获研究者蹲坑经费支持

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Conclusion

Dwelling duration proxies academic pressure. We propose **Toilet Studies (Toilology)**. Recommendation: install signal blockers in restrooms to force thesis revisions.

Self-funded through stall sessions.

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